

FALL 2008 NOTES

Parents Meeting: Saturday, September, 27. New parents 8:15-9:15 and returning parents 8:45-9:15. Returning parents are welcome to attend the full meeting if you want to. Please read the Team Handbook on the website. It can answer a lot of questions before the meeting.

Registration and Medical Forms: If you haven't filled out these forms this year please do so ASAP. We need every one, new or returning, to turn these in. They are on the website, CentralChesapeakeSwimming.com.

Team Outfitting: Tuesday September 30, from 5:00-6:30 PM SwimPro will be at the SportsPlex. They will have training equipment and team apparel. We will hand out order forms with the training equipment swimmers need. Training equipment is required. It is used not only for training but for a lot of the stroke drills we do. For team apparel a team suit is the only required item since everyone is getting a team cap and shirt with their registration. Everything else is optional but encouraged.

Meet Entry Escrow Account: We will have an amount for each group that we think will cover meet entries for the season. We are waiting to hear from two meet directors whether we get into their meet. We hope to finalize the meet schedule by the parents meeting.

Freestyle Meet: Our first swim meet is our hosted meet Sunday, October 5 at the SportsPlex. Warm-up is 7:30 AM and the meet starts at 8:30 AM. Freestyle is the only stroke offered. Entries are attached to the email. Please respond to the email whether you are planning to attend or not. "Yes" if you want your swimmer to compete or "No" if you don't want them entered. If your swimmer is not on the list it is because we don't have the registration and medical forms. We need these to get them in the system. After we get the forms we can add them to the meet.

We will have a sign-up sheet at the parents meeting for volunteers to help run the meet.

Practice arrival time: Please have your swimmer arrive at the SportsPlex 15 minutes before the scheduled start of their practice. We understand that schedules and traffic are a factor but it is beneficial to everyone if the entire practice can start together at the scheduled time.

Team Roster: We plan to send out a team roster with contact information. Please let me know if there are any corrections. If you prefer not to be included on the roster please let me know and I will leave you off. I plan to send it out the first of next week.

Officials Clinics: PVS is offering a number of official's clinics this fall. You can link to the PVS web page from our website. The more trained officials we have the better our meets run and it is a great way to spend time at other meets when your swimmer is competing. Please visit the site and sign up for what positions interest you.