

2008 Pre-Season Notes

Start of Practice: Practice will resume Monday, September 8 for all groups except Age Group I which begins Tuesday, September 9. SwimAmerica starts Saturday, September 13.

If you had contact this summer with parents interested in having their swimmers join our program please give them a call or email or forward this email to them.

Registration Fee: We have increased the team registration fee (\$100) to include the USA Swimming membership which is required by USA Swimming (\$70), a team shirt and cap. This will allow us to have everyone in a team shirt and cap for the Freestyle Meet on October 5.

New Parents and Swimmers: Please go to our web site and fill out the team registration and medical form and mail them in. September is a “tryout” month to be sure we are offering the program you are looking for so there are no fees due until October 1.

Returning Parents and Swimmers: Please fill out a registration form and a new medical form and send them in with your registration check.

Parent Meeting: There will be a parent meeting Saturday, September 27 in the Birthday room off the leisure pool at the SportsPlex. New parents will be 8:15 AM and all parents at 8:45 AM. We plan to be done by 9:15 AM. Please go to the website and read the Parent Handbook before the meeting. The Handbook has a lot of information and we will build off that information.

Meet Schedule: We are just putting the first three meets of the season. We are going to wait to do the rest of the season schedule when we know our numbers and levels of competition.

October 5	All Freestyle Meet	PEAK	SportsPlex	Team
October 25-26	Senior Circuit	PEAK	SportsPlex	Senior Group
November 8-9	Manassas or PVS	November Open		Team

Team Outfitting: SwimPro is on vacation. As soon as they return we will set an evening for them to come to the SportsPlex for team outfitting. Swimmers will get an equipment order form with training equipment and sizes highlighted. The only other required item is a team suit if your swimmer is planning on swimming in meets.

Hosted Meets: PEAK is hosting two meets this year, both at the SportsPlex. The “All Freestyle” meet is Sunday, October 5 with the whole team swimming. The Eastern States Senior Circuit meet is Saturday and Sunday, October 25-26. Senior swimmers will be competing in this meet but we will need help from everyone to host this event.